



Awakening from Alzheimer's - Our VIRTUAL Lunch & Learn is a 12 month series of videos we will watch and discuss each month 11:30am-1:00pm .

Grab your lunch and sit and watch with us- then stick around for discussion and conversation about what you just watched!! This is for families and professionals.

Awakening from Alzheimer's will follow Twelve of the world's leading experts in Alzheimer's and Dementia who will tell us about their most effective breakthroughs and discoveries. These are researchers who are changing the future of Alzheimer's. We do not endorse them – this series is just for discussion. Email us for more information or to sign up and get the zoom link info@goodnewsconsulting.com

2021 Schedule

January 29- Getting Started: What You can Do Today to Halt & Reverse Alzheimer's – Lee Euler & Peggy Sarlin

February 26- Alzheimer's & The Wakeful Brain: How Sleep Affects Memory & Cognition-Dr. Michael Breus

March 26-The MIND Protocol: Tune Up your Brain & Turn off Alzheimer's-Dr. Jacob Teitelbaum

April 23-Steve's Story: Dr. Mary Newport's Personal Triumph Over Early Onset Alzheimer's-Dr. Mary Newport

May 21-Know the Enemy: Identifying Dementia with Advanced Medical Imaging-Dr. Jay Faber

June 18-The Metabolic Mind: Rethinking the Ketogenic Diet and Neurodegenerative Disease-Dr. Dominic D'Agostino & Dr. Angela Poff .

July 23-"Use it or Lose It" : Reversing Alzheimer's with the TEAM Protocol – Dr. Vincent Fortanasce

August 27-Forever Young: Maintaining a Youthful Brain to Reduce Your Risk for Dementia- Dr. Pamela Wartian Smith

September 24-The Hidden War Within your Body- Dr. Fred Pescatore

October 29-Feet, Forks and Fingers: Lifestyle as Medicine in the War on Alzheimer's- Dr. David Katz

November 19-The End of Alzheimer's in our Time-Dr. Dale Bredesen

December 17-An Army of 100 Trillion: Unleashing Your Body's Natural Defenses Against Alzheimer's and Dementia- Dr. David Perlmutter