

I am Here

I AM HERE, *Interventions for Assessment of Mental Health in Elders with Resources and Education*, was developed by the University of Pittsburgh Institute on Aging and the Geriatric Education Center of Pennsylvania, University of Pittsburgh campus. Older adults suffering from depression, delirium, dementia, substance abuse, thoughts of suicide and anxiety often do not receive the help they need. They have a tendency to suffer in silence, and healthcare workers are not skillful in recognizing signs and symptoms.

The phrase "I am here" is frequently used by healthcare providers to convey concern and to extend assistance as in, "I am here for you" or "I am here to help you." "I am here" is also an unspoken expression of the older adults in our care. In essence they are saying to us, "I am here, in front of you, right now, so take this opportunity to observe my behavior, ask me questions but, most importantly, listen to my responses"

Agenda

MARCH 23RD, 2022

VIRTUAL

**\$75.00 INCLUDES HANDOUTS
& A CERTIFICATE OF
ATTENDANCE**

8:45-9:00- WELCOMING

9:00-9:30 - DEPRESSION

9:30-10:00 - ANXIETY

10:00-10:30 - SUICIDE

10:30- 10:45 - BREAK

10:45-11:15 - DELIRIUM

11:45-12:15 - DEMENTIA

12:15-12:30 - WRAP UP , DISCUSSION

& EVALS

REGISTRATION

NAME:_____

TITLE/ POSITION

FACILITY_____

ADDRESS_____

CITY_____ STATE____

ZIPCODE_____

PHONE NUMBER

EMAIL

CHECK ATTACHED___
CREDIT CARD PAYMENT__

NAME ON CREDIT CARD

CREDIT CARD NUMBER

EXPIRATION DATE _____

ON BACK OF CARD _____

ZIP CODE ASSOCIATED WITH CARD:

CIRCLE ONE:

VISA. MASTER CARD

AMEX

ABOUT THE TRAINER

**ALISON SPRANKLE,
B.S, CMC, CADDCT, CDP,
CMDCP**

Director of Client Services

Alison has worked in health care for 25+ years, encompassing all levels of care from Home Health to Skilled Nursing. She has served as a Dementia Unit Director and Executive Director of a Memory Care Personal Care Home. Her passion has always been with the person living with dementia. Alison currently serves as a Care Manager and Trainer- having trained thousands of staff on Memory Care best practices.

Alison holds the credentials of: Care Manager Certified, Certified Alzheimer's Disease Dementia Care Trainer, Certified Dementia Practitioner, and Certified Montessori Dementia Care Practitioner

Good News Consulting Inc.
140 Roosevelt Ave Suite 210
York, PA 17401

Name:
Address:



GOOD NEWS CONSULTING INC.

"I am Here"

Developed by the Geriatric Education Center of Pennsylvania & The University of Pittsburgh Institute on Aging

Phone: 717-843-1504

Fax: 877-636-4509

Email: info@goodnewsconsulting.com